



## Overview of Registered Practitioner Training Programs

The Registered Practitioner Programs are designed to give students a thorough understanding of the principles of Ortho-Bionomy, in addition to providing extensive hands-on experience in both classes and supervised practice. Practitioner Trainees choose an Instructor, with a minimum of one year of teaching experience, who will act as their Advisor and assist throughout the training period by offering guidance, support and constructive feedback.

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### Registered Practitioner Training Program

This program prepares the individual for the hands-on application of the principles and the philosophy of Ortho-Bionomy in a professional practice.

#### Entrance Requirements:

1. Applicant must have a current Student or Associate membership in OBAC
2. Choose an Advisor
3. Fill out the "Application to Practitioner Training Program Form" and pay the enrollment fee of \$100.00

#### Program Curriculum

*(A unit is approximately equal to 1 hour, 16 units per weekend)*

- \_\_\_ 64 units Phase Four
- \_\_\_ 16 units Phase Five
- \_\_\_ 16 units Phase Six
- \_\_\_ 32 units Anatomy and Physiology
- \_\_\_ 16 units Chapman's Reflexes
- \_\_\_ 16 units Demonstration Skills
- \_\_\_ 16 units Elements of a Successful Practice
- \_\_\_ 16 units Ethics and Emotional Issues
- \_\_\_ 16 units Exploration of Movement Patterns
- \_\_\_ 16 units Isometrics
- \_\_\_ 16 units Postural Re-education and Post Techniques
- \_\_\_ 16 units Practitioner Training Seminar
- \_\_\_ 40 units Residential (*five day minimum*)
- \_\_\_ 16 units Self-Care
- \_\_\_ 16 units Electives
- \_\_\_ 18 units Study Groups (*six - 3 hours minimum each*)
- \_\_\_ 20 units Tutorials
- \_\_\_ 150 Documented Sessions (*supervised practice*)

#### Evaluation Phase

- Two evaluation sessions given to different Instructors
- One evaluation session given to your Advisor
- Demonstrating Ortho-Bionomy, as an introduction to your practice, to a minimum of 4 people and observed by an Instructor
- A short written essay (*at least one page*) on what the principles and philosophy of Ortho-Bionomy have meant to you, personally and professionally.

**Registered Practitioner Training Program Total: 521 Units** (*including Evaluation Phase*)

## Registered Advanced Practitioner Training Program

The Advanced Program focuses on expanding the Practitioner's understanding of the philosophy and the principles of Ortho-Bionomy through more detailed and/or specialized applications of the practice.

### Entrance Requirements:

1. Complete the Registered Practitioner Program
2. Have a current Professional membership in OBAC
3. Choose an Advisor
4. Fill out the "Application to Advanced Practitioner Training Program" and pay the enrollment fee of \$100.00

### Program Curriculum

(A unit is approximately equal to 1 hour, 16 units per weekend)

- \_\_\_ 16 units Phase Four
- \_\_\_ 16 units Phase Five
- \_\_\_ 16 units Phase Six
- \_\_\_ 8 units Phase Seven
- \_\_\_ 8 units Overview and Integration of all Phases
- \_\_\_ 16 units Postural Re-education and Post Techniques
- \_\_\_ 16 units Isometrics
- \_\_\_ 16 units Advanced Demonstration Skills
- \_\_\_ 16 units Chapman's Neurolymphatic Reflexes
- \_\_\_ 16 units Ethics and Emotional Issues
- \_\_\_ 32 units Anatomy and Physiology
- \_\_\_ 16 units Cranial
- \_\_\_ 16 units Visceral
- \_\_\_ 40 units Advanced Residential (*five day minimum*)
- \_\_\_ 80 units Electives
- \_\_\_ 18 units Study Groups (*six - 3 hours minimum each*)
- \_\_\_ 17 units Tutorials
- \_\_\_ 150 Documented Sessions (*supervised practice*)

### Evaluation Phase

- Two evaluation sessions given to different Instructors
- One evaluation session given to your Advisor
- Demonstrating Ortho-Bionomy, to promote your practice, to a minimum of 4 people and observed by an Instructor
- A short written essay (*at least one page*) on what the philosophy and the advanced principles of Ortho-Bionomy have meant to you, personally and professionally.

**Registered Advanced Practitioner Training Program Total: 518 Units** (*including Evaluation Phase*)

### Completing the Registered Practitioner or Registered Advanced Practitioner Training Program

- Send 1 (one) copy of Program Record Forms and related documentation to your Advisor
- Send 4 (four) copies of Program Record Forms and related documentation to the Association Office, Attention: Practitioner Review Committee, for approval
- Submit Program Matriculation Fee payment of \$150.00

For more details about the Registered or Advanced Registered Practitioner Training Program  
or to apply contact the Association Office