



2020 Comprehensive training workshops dates in the Okanagan

The classes marked in **Green** are also part of our first year, Ortho-Bionomy Comprehensive program, the **Blue** are second year. **Red** are combined classes

Date and format changes due to COVID-19 Restrictions

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| Aug 22 & 23 | Phase 4 ~ (16 Units) w Peggy in Vernon at Tri Lake Massage Clinic |
| Sept 25 & 26 | Phase 5 (16 Units) w Peggy |
| October 2 | Study groups & Tutorials w Marie and Peggy |
| Oct 3 & 4 | Phase 6 (16 Units) w Marie |
| Oct 24 & 25 | Isometrics (16 Units) w Marie |
| TBA | Elective - TBA (16 Units) w Marie (electives include; Visceral, women's care etc) |
| Oct 16 & 23 | Demonstration Skills (16 Units) <ul style="list-style-type: none">• on-line with Peggy (16th)• in class with Marie (23rd) |

❖ A Residential will be planned for the spring 2021!

- All these classes are being held at the Winfield Memorial Hall unless noted
- 1 day class \$190.00 / 2 Day class \$375.00 / 5 day module \$930.00
- \$250.00 deposit to register: cheque, e transfer or cc
- Class times 9 – 5 daily / water and tea provided, during COVID-19 restrictions, please bring your own water bottle and snacks, along with a mask
- Class sizes are limited so please register early by contacting: obokanagan@gmail.com
 - Marie marielong@shaw.ca OR cell 250-540-0511
 - Peggy peggyoud@shaw.ca OR cell 250-317-2375

www.orthobionomy-training.ca