



## COMPREHENSIVE Training Starting in March 2019

Ortho-Bionomy® is a principle based body work developed with the philosophies of Osteopathy, Martial arts and Homeopathy by Osteopath Dr. A. L. Paul's in 1970. It is a highly effective approach that offers recognition, comfort and change to the body, gently and naturally.

Five day comprehensive modules for 2019/2020 are being offered in the Okanagan BC. They are compatible with the OBAC - Ortho-Bionomy Practitioner Certification training Program.

Instructors Marie Long and Peggy Oud

The first three Modules are designed to cover the requirements needed for OBAC **Associated Membership** level

<b>Module 1</b> March 18-22, 2019	<b>Exploration Of Movement (16 units)</b>	<b>Phase 4 (16 units)</b>	<b>Posture and Post techniques (8)/Tutorials (3)</b>
<b>Module 2</b> June 3 - 7, 2019	<b>Phase 4 (16 units)</b>	<b>Posture and Post tech (8)</b>	<b>Self Care (16 units) &amp; study group (3)</b>
<b>Module 3</b> Sept 16-20, 2019	<b>Phase 5 (16 units)</b>	<b>Tutorial/study group</b>	<b>Phase 6 (16 units)</b>

\*\*2<sup>nd</sup> year classes for 2020 will be announced in Sept 2019\*\*

Completing all 6 Modules, plus the additional list below, will fulfill **Practitioner level requirements**

<b>Module 4</b> 2020 dates TBA	Chapman's Reflexes	Practitioner training	Isometrics & study group
<b>Module 5</b> 2020 dates TBA	Ethics and Emotions	Elective	Isometrics & Study group
<b>Module 6</b> 2020 dates TBA	Phase 4	Demonstration skills	Study group & evaluations

- Package price for modules 1, 2 & 3 is \$2800.00 or \$935.00 each
- Package price for modules 4, 5 & 6 is \$2800.00 or \$935.00 each
- Additional (5 day) Residential will be hosted in the spring or fall
- Classes can also be taken individually
- Please register by one month prior to the start date

**Space is limited so early registration is recommended**

To register or request more information

Marie [/marielong@shaw.ca](mailto:marielong@shaw.ca) OR cell 250-540-0511  
Peggy [/peggyoud@shaw.ca](mailto:peggyoud@shaw.ca) OR cell 250-317-2375

Register with Marie or Peggy by sending your name, contact information, and a \$250.00 deposit.

Additional Classes to fulfill OBAC Practitioner Program

1-Phase 4 class

1-40 units **Residential**

1-32 units **Anatomy & Physiology\*\***

1-Elements of a Successful Practice\*\*

Both classes may be eligible for a waiver\*\*

*(15 of the 20 required tutorials and 5 study groups are also included in the modules)*

*(The Practitioner training process will be reviewed in the first module)*